

What's On at Cotebrook Village Hall

Monday

Physio Led Pilates 09:30 - 10:30

Pilates with Julie 18:00 - 19:00

Pregnancy Yoga 20:00 - 20:45

Tuesday

Hatha Yoga 09:30 - 11:00

Seated Pilates 11:30 - 13:00

Gong Sound Meditation 18:30 - 20:30 (every third Tuesday)

Wednesday

Chair Yoga 11:00 - 12:00

Radio Club 19:30 - 21:30

Thursday

Linni Lanni Pilates 09:15 - 10:15

Orchestra 19:30 - 21:30

Friday

Diddi Dance 10:00 - 11:00

Saturday

Diddi Dance 09:30 - 10:30

Other / Clubs

Fenice Club

Disability Positive

Mums Hub

NCT (National Childbirth Trust)