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| --- | --- | --- | --- |
| **Monday to Friday**  **(daily)** | BS  PM  PM | School's Out Breakfast Club: 0730 to 0830  Kingfishers Colden Common Pre-School: 0830 to 1500  School's Out After School Club: 1530 to 1815 | 07711 710068  01962 715401  07711 710688 |
|  |  |  |  |
| **Monday** | GH  BS  PM | DDMix Dance Fitness: 0940 to 1030  Pilates: 1015 to 1115, 1800 to 1900, 1915 to 2015  Puppy training:  Puppies: 1800 to 1845  Juniors: 1900 to 1945 | 07739 312356  07791 695594  07771 314947 |
|  |  |  |  |
| **Tuesday** | BS  GH  GH  BS  GH | Methodist Church Drop in for Coffee: 1030 to 1200  Badminton: 1030 to 1130  Bridge Club: 1300 to 1600  Pilates: 1815 to 1915, 1930 to 2030  Performing Arts Academy 1630 to 1930 | 01962 712559  01962 775531/07918 860029  01489 789472  07791 695594  stepoutacademy@gmail.com |
|  |  |  |  |
| **Wednesday** | BS  GH  GH  GH  GH  GH  PM | Yoga: 1000 to 1130  Lunch club: 1200 to 1400  Indoor Bowls: 1400 to 1600  Karate: 1715 to 1815  Bootcamp: 1830 to 1930  Tae Kwando Kats: 1900 to 2000  Village Badminton Club: 1930 to 2130 | 02380 616505  01962 714682  [brian.stillwell@talktalk.net](mailto:brian.stillwell@talktalk.net)  enquiries@southernkarate.org  07419 815800  [taekwondokats@gmail.com](mailto:taekwondokats@gmail.com)  02380 613492 |
|  |  |  |  |
| **Thursday** | GH  BS  BS  GH  PM | Colden Common Tots: 1000 to 1130  Pilates: 1015 to 1115, 1815 to 1915 and 1930 to 2030  Chair Yoga: 1400 to 1500  Elevate Circuits Class: 1900 to 1945  Choir: 1930 to 2200 | 07791 695594  07810 547597  elevate.hampshire@gmail.com  01962 714487 |
|  |  |  |  |
| **Friday** | BS  BS | Pilates: 1000 to 1100  Ladies Group, third Friday in month: 1945 to 2200 | 07791 695594  02380 613492 |
|  |  |  |  |
| **Saturday** | PM | Yoga: 0900 to 1000 | [sarah@lunatreeyoga.com](mailto:sarah@lunatreeyoga.com)  07810 547597 |
|  |  |  |  |
| **Sunday** | GH | Matt Fiddes Martial Arts: MF Mighty Matts (3 to 6 years): 0930-1000  MF Family (7 to 11 years, family, adult): 1015-1100 | [office@mattfiddes.com](mailto:office@mattfiddes.com) |

* Digital Drop-in – 1st Tuesday of the month
* Colden Common Talks With…. – 2nd Wednesday of the month
* Wellbeing Workshops – 3rd & 4th Wednesdays of the month

BS = Bert Stratton Lounge

GH = Gloucester Hall

PM = Patrick Moore Room